

## **Weekly Iron Folic Supplementation (WIFS)**

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The Ministry of Health and Family Welfare has launched the Weekly Iron and Folic Acid Supplementation (WIFS) Programme to meet the challenge of high prevalence and incidence of anaemia amongst adolescent girls and boys. WIFS is evidence based programmatic response to the prevailing anaemia situation amongst adolescent girls and boys through supervised weekly ingestion of IFA supplementation and biannual helminthic control. The long term goal is to break the intergenerational cycle of anaemia; the short term benefits is of a nutritionally improved human capital. The programme, implemented across the country both in rural and urban areas. Objective of Weekly Iron Folic acid. Supplementation (WIFS) To reduce the prevalence and severity of anaemia in adolescent population (10-19 years). School going adolescent girls and boys in 6th to 12th class enrolled in government/government aided/municipal schools.